

# Dramatica Worksheet - Story Summary

## # Logline

*What is your story in one sentence?*

A group of frustrated consumers, dissatisfied with industrial food, asking themselves how they can find relief with healthy and sustainable eating

## # Genre (Extern/ Intern)

*What is story external genre (A-Story) and what is the internal genre (B-Story)?*

## # Inciting Event (Driver)

*What sets the story in motion?*

Main character accidentally uncovers 'homemade' food comes off a truck

## # Story Mind (OS) Problem

*What is the problem the (story) mind is trying to solve?*

How to make sure I eat only healthy food?

## # Grand Argument Story (Archetype Function)

*How does the human mind considers and tries to solve the problem?*

- Protagonist considers to eat only healthy and sustainable food
- Antagonist lets the protagonist reconsider to go for fast-food
- Reason argues that healthy food is much more expensive
- Emotion argues that you need to take time to eat
- Guardian calls to mind: a healthy mind in a healthy body
- Contagonist argues that fast-food from time to time doesn't harm
- Skeptic disbelieves that you can find really healthy food any more
- Sidekick supports the idea of sustainable food production

## # Grand Argument Story (Approach and alternative)

*Which approach in the story is shown as the only appropriate one to solve the problem?*

Sustainable food production (vs eating in moderation)

## # Story Solution/ Goal

*How can the story problem solved and what is the goal?*

Develop a local food system (solution) to ensure sustainable food production (goal)

## # Theme (RS Premise)

*What is the thematic point of the story, why is the story being told?*

You are what you eat

## # Main Character Trauma (Traumatic Event)

*What traumatic event happened to the main character?*

As a kid getting lost in the woods

## # Main Character Problem (Problem)

*What is the source of the main characters problem?*

Homebound, rarely leaving one's home, avoids crowded places, money

## # Main Character Arc (Want/ Need/ Resolve)

*How does the main character change?*

Wants utilizing renewable energy and become a self-provider; Needs safety and security; Changes and learns to trust own instincts

## # Plot Point (Climax, Outcome)

*What is the major turning point which determines whether the goal will be achieved?*

Hippie from the woods dies of rare food poisoning after stealing homegrown vegetables from his garden

## # Resolution (Judgement/ End)

*What is the outcome of the story?*

Lives in block-house near the woods but needs every now and then to make a compromise between homegrown and superstore